



Core Studios

Pilates Rates 2026 (Per Person)

Private	R575,00
Duet	R480,00
Trio	R440,00
Quad	R400,00
Equipment Class	R305,00
Mat Class	R255,00

Studio Terms 2026

- Private, Duet, Trio & Quad sessions will be charged for accordingly.
EG: Should your duet partner cancel, your session will be charged as a private.
- All sessions to be booked and paid for upfront at the beginning of the month.
- Cancellations: We require 24 hours notice to credit or reschedule a session, should you not cancel within the time-frame, that session will not be credited. Should your instructor cancel, you will be credited.
- No refunds.